

2004 GIRLS' VARSITY SWIMMING TIME STANDARDS

EVENT	AUTO.	CON.	AUTO.	CON.	AUTO.	CON.	AUTO.	CON.
	DIVISION I		DIVISION II		DIVISION III		DIVISION IV	
200 Medley Relay	1:57.00	2:03.00	1:58.00	2:03.50	2:01.50	2:06.50	2:07.75	2:11.00
200 Freestyle	1:59.00	2:03.50	2:01.50	2:06.00	2:04.00	2:10.00	2:08.50	2:13.10
200 Individual Medley	2:15.00	2:20.00	2:17.50	2:24.00	2:21.00	2:27.50	2:25.50	2:33.80
50 Freestyle	25.30	25.90	25.80	26.40	25.90	26.80	27.00	28.00
100 Butterfly	1:01.00	1:03.50	1:01.50	1:05.00	1:04.00	1:07.00	1:05.80	1:09.00
100 Freestyle	55.20	56.50	56.00	57.30	56.90	59.00	58.70	59.80
500 Freestyle	5:21.50	5:34.00	5:29.00	5:42.00	5:36.00	5:52.00	5:50.00	5:58.50
200 Freestyle Relay	1:45.00	1:48.50	1:46.50	1:49.50	1:48.20	1:53.50	1:50.50	1:57.00
100 Backstroke	1:02.50	1:05.00	1:04.20	1:08.00	1:05.50	1:09.00	1:07.00	1:10.10
100 Breaststroke	1:11.00	1:13.50	1:11.00	1:15.00	1:13.50	1:17.00	1:14.90	1:19.00
400 Freestyle Relay	3:48.50	4:00.00	3:50.50	4:02.00	4:01.00	4:11.00	4:07.00	4:17.00

Swimmers who wish to qualify for the 2004 CIF Southern Section Swimming Preliminary Meet must have equaled or bettered the above time standards in any CIF-SS sanctioned dual, triangular, or invitational swim meet between the dates of March 1, 2004 to May 7, 2004.

For the 2004 CIF Southern Section Swimming and Diving Championships, there are both automatic (Auto.) and consideration (Con.) standards. Swimmers/Divers who achieve the automatic standard will be entered in that event. Additional entries will be based upon the consideration standards which will be used to fill up remaining spaces to a maximum of 32 participants.

Those swimming in meter pools, please refer to page 65 of the National Federation Rule Book for the conversion formula to convert time standards to meters.

DIVING

	AUTO.	CON.	AUTO.	CON.
	11 DIVE COMPETITION		6 DIVE COMPETITON	
DIVISION I	300	200	180	N/A
DIVISION II	300	200	180	N/A
DIVISION III	300	200	180	N/A
DIVISION IV	300	200	180	N/A

2004 BOYS' VARSITY SWIMMING TIME STANDARDS

EVENT	AUTO.	CON.	AUTO.	CON.	AUTO.	CON.	AUTO.	CON.
	DIVISION I		DIVISION II		DIVISION III		DIVISION IV	
200 Medley Relay	1:44.00	1:49.00	1:45.70	1:50.00	1:49.00	1:56.00	1:52.00	1:58.00
200 Freestyle	1:48.50	1:52.00	1:50.00	1:54.00	1:53.50	1:59.50	1:56.50	2:01.80
200 Individual Medley	2:02.60	2:08.00	2:05.00	2:10.50	2:10.50	2:18.00	2:12.00	2:18.50
50 Freestyle	22.30	22.80	22.60	23.30	23.00	23.60	23.50	24.50
100 Butterfly	55.00	57.00	56.00	58.40	58.00	1:00.00	59.50	1:02.80
100 Freestyle	48.80	49.99	49.90	51.20	50.80	53.00	51.50	53.90
500 Freestyle	4:54.00	5:06.00	5:00.00	5:10.00	5:11.00	5:30.00	5:26.00	5:38.40
200 Freestyle Relay	1:32.00	1:36.00	1:33.50	1:36.70	1:36.50	1:39.50	1:38.50	1:42.50
100 Backstroke	57.00	58.50	58.00	1:00.00	1:00.00	1:02.50	1:01.00	1:06.00
100 Breaststroke	1:03.00	1:05.00	1:04.00	1:07.00	1:07.00	1:09.50	1:06.50	1:10.50
400 Freestyle Relay	3:22.00	3:32.00	3:26.50	3:36.00	3:35.00	3:48.00	3:39.00	3:52.00

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